

Self-Monitoring Worksheet

Name: _____

Date: _____

Directions: At the end of each class period, the student and teacher rank the student's performance in each goal area from 0 to 3. Differences in opinion regarding the ranking given should be briefly discussed..

0 = Did not meet goal

**1 = Met goal some of the
Time but more than 2
Reminders were needed**

**2 = Met goal most of the
time but more than 1
reminder was needed**

**3 = Met goal almost all
of the time with no
more than 1 reminder**

Goals	Class 1		Class 2		Class 3		Class 4		Class 5		Class 6		Class 7		Class 8	
	Student	Teacher	Student	Teacher	Student	Teacher	Student	Teacher	Student	Teacher	Student	Teacher	Student	Teacher	Student	Teacher
I will complete my work correctly and on time	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
I will not argue with my teacher or other adults	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
I will follow directions within one minute of them being given	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
Totals																
Initials																

Comments: _____
